



Camp Tuhsmeheta Waterfront Rules

Camp T is not liable for any injury sustained by permittees or visitors. Use of the lake is done so at your own risk.

If you are boating or swimming into the lakes connected to Lake Flanagan, please be aware that the lakes are used by other people with watercraft (jet-skis, boats, etc.).

If a swimmer is missing, the lifeguard or visiting group leader must notify the Camp T site director who will initiate a waterfront search.

All Visitors

- The following are the waterfront rules all visitors must follow while staying at Camp T. Failure to follow these rules may result in the termination of your Use Agreement.
- Hours are sunrise to sunset.
- A certified lifeguard must be present at the waterfront area for all swimming/watercraft activities.
- Life-jackets must be worn at all times for all watercraft activities.
- No watercraft in the swimming areas.
- No diving in the enclosed swimming area.
- No running or horseplay.
- No food or glass.
- All waterfront equipment and watercraft must be returned and secured to its original location.

Licensed Camps

The following are the waterfront rules all for visiting groups that are licensed camps. Failure to follow these rules, as well as the rules listed above for all visitors, may result in the termination of your use agreement.

- All campers are given a waterfront orientation the first time they come down to the waterfront. The orientation includes general rules, swim areas, buddy board operation, lifeguard introduction, swim test, and safety procedures.
- Swim test/levels are determined via a swim test administered by the Aquatic Supervisor prior to the first swimming event. Campers are separated into groups: 1) those who want to test and 2) those who do not want to test. One adult with a camper roster will record test results. The swim test consists of two phases. The first phase consists of a swimmer, using any stroke of choice, swimming 4 lengths of the enclosed swimming area.

The swimmer will be assessed for signs of fatigue, as well as, ability to move efficiently through the water. If the swimmer passes the first phase, they have a choice to attempt the 2nd phase. The 2nd phase consists of 2 minutes of treading water in the deep swim area. Results will be shared with the adult recording on the camper roster. Depending upon the swimmer's performance during the test, they will be classified as follows on a washer for the buddy board:

Red Level: Beginning Swimmer.

Must wear a Coast Guard Approved life-jacket and is allowed in the enclosed swim area only.

Yellow Level: Intermediate Swimmer.

Optional to wear life jacket in enclosed area, must wear life-jacket in the deep swimming area.

Green Level: Skilled Swimmer.

Allowed in the enclosed and deep swimming area without a life-jacket.

- Waterfront drills (Buddy Checks/Lost Swimmer Procedure/Severe Weather-Waterfront Procedure) will be discussed and modeled at each camp session.
- Aquatic Supervisor will not allow a swimmer to participate in an aquatic activity that requires a higher skill than the camper's swimming ability, except during formal instruction.
- The buddy system is used to check in and out of the waterfront. Buddy checks will be signaled and conducted every 10 minutes. Procedures:
 1. Campers will check onto the Buddy Board with a buddy going into the same area.
 2. Campers will stay in close proximity with the buddy while checked into the area.
 3. If a Camper is leaving a specific area, he/she needs to take his/her buddy with them to the buddy board and check out. (Aquatic Supervisor may indicate that "buddy changes" can only occur at Buddy Checks based on number of swimmers).
 4. Buddy Checks are performed every 10 minutes. When the whistle blows twice, campers need to stop activity (Including Watercraft), find a safe place to be and raise buddy's hand.
 5. The Buddy Board Watcher counts the tags in each area (including watercraft) and relays the information to the Aquatic Supervisor.
 6. The Aquatic Supervisor counts the number of pairs.
 7. The Aquatic Supervisor repeats the number of pairs to the Buddy Board Watcher and says "I have pairs". "We are all clear" or "I have pairs". "We need a recount". If a recount is necessary, Buddy Board Watcher recounts pairs and relays the information to the Aquatic Supervisor.
 8. The Aquatic Supervisor counts the number of pairs.
 9. The Aquatic Supervisor repeats the number of pairs to the Buddy Board Watcher and says "I have pairs". "We are all clear" or "I have pairs". "Activating the Emergency Action Plan". If pairs do not match, Aquatic Supervisor activates the Waterfront Emergency Action Plan with a loud signal blast. If pairs do match, campers who wish to leave area, change buddies or the activity location, may do so after the "ok" is given.
 10. After all changes made, a short whistle blast indicates activity may resume made, a short whistle blast indicates activity may resume.
- **If numbers do not match between buddy board and Aquatic Supervisor pair count, the Aquatic Supervisor will initiate the Waterfront Emergency Action Plan.**
 1. (If Necessary) Individual Pairs/Name Call: Buddy Board Checker will start with each pair of washers and call out swimmer names. Swimmers when hearing their names will yell "here" and lower their hands and exit swimming area quickly / quietly. The Buddy Board

Checker will put washers in storage area and will continue through all pairs on buddy board until all swimmers are out of the water.

2. Swimmers / Boaters exiting area should be escorted off waterfront by available staff. Exception: Swimmers which may have "first hand last seen location" information.
3. Aquatic Supervisor will direct an adult to activate 9-1-1 (indicating a water rescue emergency), inform the Site Director, Program Director and Camp Nurse; and initiate a search of Cabin area, White Pine, Jack Pine area as appropriate. **Post an Adult to direct EMS to the waterfront.
4. Aquatic Supervisor will direct adults remaining on waterfront to assist with a waterfront search. Waterfront search will consist of a walk around visual search and an in water search of swimming areas.
5. If swimmer is located, initiate emergency first aid as appropriate.
6. If swimmer is not located, continue search with local authorities.